

Fathers Podcast 24

The Big Ideas

Podcast Highlights

-Dr. Ron Ran started a fathers community group over 25 years ago.

-Mission Statement: A community of men who look to learn and share practical ways to become better husbands and fathers.

-**Live intentionally.** Our lives are either improving or unraveling. Living intentionally improves them. God has priorities for us that help us live intentionally. If anything they are the exact inverse of our personal priorities.

-**The eternal consequences of the seemingly inconsequential.** The small things that we invest in build up over the long term. Our relationship with wife and kids come from these small moments.

-**Change is hard. Be ready and willing to embrace failure.** You won't do everything perfectly the first, second, third time...you're trying to do the right thing the right way at the right time over time...and it takes practice. The majority of our habits come from past experience that we didn't start...give yourself some grace as you try to change.

-**Something is better than nothing.** Of all the things that we talked about you can't change all of it right away. Do one thing at a time and grow from there. Start with date night...go to club time. Over time you'll be improving across the board.

-**Be in community with other like minded men that regularly meet.** Be open and encouraging. Have specific practical short and long term goals that others will hold you accountable for.

Thinking/Conversation Starters

-What areas do you see improvement/changes? What are the next steps for those areas. What do you want to work on next?

Action Step

-Figure out what the next step looks like for you. Is that listening to the podcasts again, getting into a group with other fathers, scheduling a date night or something else that can improve your family?

"As iron sharpens iron, so one man sharpens another."

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