

Fathers Podcast 19 Family Traditions

Podcast Highlights

- Family traditions are very powerful ways for your kids to remember the family.
- Thanksgiving: Each person talks about two or three things they are thankful for that year and light a candle.
- On Christmas Eve watch Christmas Vacation and the next morning have the same breakfast every year.
- Birthdays: Everyone gets to set their own dinner menu.
- Vacations: Once a year the kids get pulled out of school for a long weekend. Show that the family was more important than the “crushing requirements” of school and the need to perform.
- Google “eunuch” (you’ll have to listen to the podcast to understand).
- “Brand” those experiences by assigning a name to them so they are easily remembered by everyone.
- Family Dinner: Regular family dinners...at least once a week (depending on your family schedule) and let anyone ask anything...ask “how did you see the hand of God today?”...not having an answer to a question is okay...be honest...“I have no idea...does anyone else?...let me get back to you!”...
- As kids look back...these traditions are critical to them being able to answer the question “was the family worth belong to?”

Thinking/Conversation Starters

- What kinds of childhood memories do you have of your family?
- What are the kinds of memories do you want your children to have?

Action Step

- Talk with your wife about the types of family memories you each have and what you’d like for your children. Work together to create a list of the traditions you want to carry on and ones you want to start and figure out how you can implement them.

“As iron sharpens iron, so one man sharpens another.”

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