

## **Fathers Podcast 17 Intimacy Part 2**

### **Podcast Highlights**

-Women want security and the choice to engage in sex. They want physical touch that may not lead to sex. They generally like a slow playful environment. 20-30 minutes of foreplay. Indirect touch.

-Women's orgasms are 3 to 4 times more intense...they don't need to have an orgasm every time. Two thirds of women do not achieve orgasm by intercourse alone.

-Women need time after the orgasm to cuddle and feel close.

-Women think about sex maybe once per week.

-Two thirds of women are concerned with body image.

-With all of the differences between men and women...what in the world was God thinking when he created sex?

-With so many differences we need to lean into God and communication to bridge the gap between husband and wife.

### **Thinking/Conversation Starters**

-What kind of gender differences have you noticed?

-What is the impact of how you think about sex?

### **Action Step**

-Talk with your wife about how she defines a great sexual experience. Listen really well and take notes.

*"As iron sharpens iron, so one man sharpens another."*

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