

Fathers Podcast 16 Intimacy Part 1

Podcast Highlights

-Our American culture (as it relates to sex) is crazy and includes many myths:

Sex is all about the orgasm and technique

The naked body has to be perfect and perfectly sized parts

Purpose of sex is to fulfill me

Sex is primarily for the young, unmarried and always silent

Sex is more exciting with multiple partners

Partners are largely disposable

Masturbation is good and it helps sex

Male view of sex is the only right view of sex.

Sex is the barometer of the entire relationship

It's a status to lose your virginity

- The religious church culture can be equally disorienting:

Don't do it!

Sex is a dirty thing you get to do after your married because you have to.

Do not talk about it.

God is not in sex

Sex is not a spiritual act

-The perception of sex differs greatly between the genders: differences

Men: sex is hard, fast, visual, direct. 80% of men have more sex drive than their wife. Every 72 hours there is a natural buildup and desire for sex.

Men think about sex at least once a day.

Women: sex is security, slow and gentle. 66% do NOT achieve orgasm from intercourse alone and do not need orgasms every time

Thinking/Conversation Starters

-How did you find out about sex?

-What are you learning from our culture about sex?

Action Step

- Talk with your wife about how each of you learned about sex and what opinions the childhood "influencers" (parents, church, friends, television, etc.) told or modeled to her and you.

There are eternal consequences to the seemingly inconsequential.

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