

## **Fathers Podcast 07**

### **Prayer**

#### **Podcast Highlights**

-Prayer is a great way to role model how to have God be in our lives everyday.

-You could start at meals and also have the kids pray. It doesn't matter what they pray but it does allow them to open up and invite God in. Having a specific time is only so it's easier to remember. Prayer is meant to strengthen our relationship with God...it's not supposed to be a burden or an impersonal system.

-Prayer will look different for varying ages. It could start with thankfulness and expand with age to include disappointments, anger and apologies. We can and are invited to bring all of our feelings to Him.

-Praying with your wife is one of the most important things you can do in and for your marriage.

-You can pray poorly...an example is "preaching prayer". Don't talk to anyone through your "prayers" to God.

#### **Thinking/Conversation Starters**

-What is your birth family experience with prayer? Does it make you more or less likely to pray with your family?

-Have you tried praying with your family before? Where there any barriers? If you haven't tried what are the possible barriers?

#### **Action Step**

-Talk with your wife about praying with each other.

-Talk with your wife about praying as a family.

-Figure out together when the best time to pray as a family and as a couple.

*There are eternal consequences to the seemingly inconsequential.*

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