

Fathers Podcast 04 Club Time Part 1

Podcast Highlights

-“Club Time” is all about consistent one on one time with each child doing what the child wants to do.

-It will make each kid feel loved and give you insight into their unique personalities. You’ll naturally develop a relationship with them along the way.

-Something is better than nothing (yep...we said it again and will continue to repeat). Having club time once a month with a kid is better than no club time.

-Agree to the schedule (frequency and time) with your wife and explain the importance of it. (She may not understand). Agree to review it.

-Club time needs to be a standard amount of time and frequency with each kid. Your kids will probably help you with this!

-Develop a name for the time with your kids (Daddy fun time...Club Time...Funapalooza...Smorgasbord of Excitement...etc.)

Thinking/Conversation Starters

-What did “quality time” look like with your dad? Was it one on one? How did it look for your wife?

-What are some things you think each kid would like to do? How do you think you can connect with a kid that has dissimilar interests than you?

Action Step

-Talk with your wife about the reasons and importance of club time. Understand the strategy together and talk about what it could look like. Schedule it and do it. Have a set schedule, time length and frequency.

Something is better than nothing!

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