

## **Fathers Podcast 03 Date Night Part 2**

### **Podcast Highlights**

-“War Council” is time you and your wife get together to talk about your kids and work together to strengthen the family unit.

-Date night should be time to focus on each other...not the kids...so set aside a different time (or do it every other week) for war council.

-Coach and encourage one another with the current issues. You will have different perspectives and insights that can be helpful.

-Keeping the frequency consistent is key! Weekly is recommended but something is better than nothing. You can always start small and go from there.

### **Thinking/Conversation Starters**

-Do you and your wife currently have a united “game plan” with kids and family? What does it look like?

-How are your kids doing?

-How are they with the other kids and each parent?

-How did your parents run their house? Was it a combined effort or a team of one? How do you think that affected the family?

### **Action Step**

-Talk with your wife about setting up a consistent and frequent “War Council” (you can always call it something else) that is separate from date night.

*There are eternal consequences to the seemingly inconsequential.*

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